



MAP KEY

- street with bike lane or shoulder
- city bike path
- state trail
- U.S. highway (restricted access)
- trailhead parking
- public restroom
- restaurant area
- hotel
- farmers market
- splash pad
- park or natural area

ABC Quick

- A** is for **AIR**. Inflate tires to correct pressure and check for damage.
 - B** is for **BRAKES**. Inspect pads for alignment and wear.
 - C** is for **CRANKS** and **CHAIN**. Check for a smooth, lubricated chain, freely moving cassette, and tight crank arms.
 - Q** is for **QUICK RELEASE LEVERS**. Make sure your wheels and seat are secure.
 - ✓ is for **CHECKING** your bike by starting off slowly and making sure everything works.
- CYCLE AID STATION**
Adjust or repair your bicycle here.

ROAD RULES

- Obey traffic signals and signs
- Go with the flow: bike in the direction of traffic
- Beware of car doors
- Stay alert: look and anticipate
- Communicate with drivers

PATH ETIQUETTE

- All users keep right
- Wheels yield to pedestrians
- Give audible warning before passing
- When stopped, move aside
- Respect other path users

STATE TRAILS

Operated by **Wisconsin DNR and Dane County Parks**

Require a state trail pass of all bicyclists 16 and older

Include Capital City State Trail, Badger State Trail, and Military Ridge State Trail

CITY PATHS

Operated by the **City of Fitchburg**

Do not require a trail pass; free for everyone to use

Include Cannonball Path, Military Ridge Path, Quarry Ridge Recreation Area, and all paths in local parks and along city streets

BICYCLE CONTACTS

City of Fitchburg ▶ www.fitchburgwi.gov ▶ (608) 270-4260
Fitchburg transportation engineer ▶ (608) 270-4262
Dane County Parks ▶ (608) 224-3730
DNR regional trail coordinator ▶ (608) 275-3302
Wisconsin DOT Bike/Ped Coordinator ▶ (608) 267-7757
Bicycle Federation of Wisconsin ▶ bfw.org ▶ (608) 251-4456
www.fitchburgchamber.com ▶ (608) 288-8284

FUNDING THE HUB

Fitchburg

Dane County Parks
Always in Season

Funded in part by the Dane County Partners for Recreation and Conservation (PARC) Grant Program

“THERE IS NO BETTER WAY TO HEAR A CONTINENT BOUND THAN BY BICYCLE.” — DON KRUGERMAN “IT IS THE UNKNOWN AROUND THE CORNER THAT TURNS MY WHEELS.” — HEIDI STUCKE, GERMAN CYCLIST “I WOULD OF THAT WHILE RIDING MY BICYCLE.” — ALBERT EINSTEIN, OF THE THEORY OF RELATIVITY “DO

“HOW AS MUCH AS LITTLE, ON AS LONG AS AS SHORT AS YOU FEEL, AND MORE.” — EERO AARNE “LET IT BE RIDING A BICYCLE THAT YOU LEARN THE CONCEPTS OF A COUNTRY BEST, SINCE YOU HAVE TO SPEAK UP THE HILLS AND COAST DOWN THEM.” — ERNEST HEMINGWAY “I WANT TO RIDE MY BICYCLE BICYCLE. I WANT TO RIDE MY BICYCLE. I WANT TO RIDE MY BICYCLE. I WANT TO RIDE MY BICYCLE.” — CYCLES TRACKS AROUND IN TOTAL, H.S. WELLS “CIRCLES ARE THE INDICATION SPECIES OF A COMMUNITY, LINE SHEETS IN A BAR, A MATHS SOCIETY.” — YOU NEVER MAKE THE MIND WITH YOU EITHER IT IS ALMOST YOU YOU THE ANSWER, A GOOD ONE.” — DANIEL BERENMAN “I VERY THINK YOU ARE YOUR CHILDHOOD, AND ON A BICYCLE.” — ANOTHER MIND I THINK THE BICYCLE IS A COMMON VEHICLE, ITS PASSIONER BY ITS NAME.” — JO

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